

### Dinner Table Conversation Starters

- What is the best thing that happened to you today?
- What was the nicest thing you did for someone else today? What was the nicest thing someone else did for you today?
- If you were writing a newspaper article about your day, what would the headline be?
- Teach us one thing you learned today that you think we don't already know.
- Tell us three adjectives that describe your day today.
- If you were going to be alone on a deserted island for a year and you got to take one book, which one would you take and why?
- Describe your perfect day, from the time you wake up until you go to bed.
- If you could invent something that would make life easier, what would it do?
- What movie character would you want to be?
- If you were president, name three changes you would make right away.
- If you could meet a person from history, who would it be?
- If you could be an Olympic athlete, in what event would you compete?
- If you could make a movie or documentary, what would it be about?
- What makes you feel really good about yourself?
- Under what circumstances do you find it hard to say no?
- What would you do if you were King or Queen?
- How do you know when you can trust another person?
- What is the most important thing in being a good friend?
- Does your life feel too busy? Why?
- Does our family seem too busy? If so, what do you think we should change?
- What teachers will you remember and why?
- What are you thankful for?
- Why do some people choose to smoke?
- What makes someone a good leader? Name someone who is a good leader.
- What is the best and worst thing about being the oldest/middle/youngest/only child in the family?
- Something I wish our family would do more of is .....
- Why are some kids picked on, and what do you wish you could do when someone is being picked on?
- What is something you want to learn to do?
- If you could start a new family tradition, what would it be?