



**Healthy Nutrition and
Body Image
For Children and Teens**

**Parenting Program
Wednesday, February 22
7:00 p.m.**

Barker Performing Arts Center

Come hear a panel of experts share valuable information for parents. The panel members will be Johanna Kandel, Dr. Joann Hendelman Ph.D., RN, FAED, and Lisa Delaney, RDMS, LD/N.

This program counts toward the mandatory parenting class requirement.